



ACTIFIT GO



Thank you for purchasing this Merlin Product. Please read the instruction manual carefully before using the product.

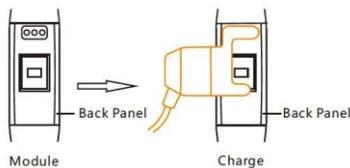
The documentation provided will allow you to fully enjoy all the features this unit has to offer.

Please save this manual for future reference.

Instructions

Charging:

Before using the ActiFit Go for the first time please fully charge it by attaching the charging cable. It can be connected with any 5V 1A USB charger. Charging time is expected to take 3-4 hrs.



Mobile Application:

The Merlin ActiFit Go can be used with the "JYouPro" mobile application available for iOS and Android.

[iOS App store link](#)

[Google Play Store link](#)

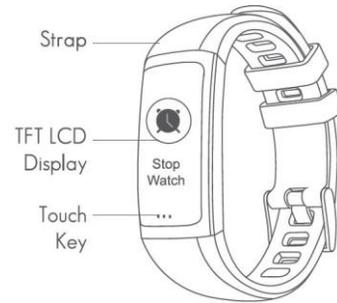
Bluetooth Pairing:

To pair:

- Turn on the ActiFit Go bracelet.
- Turn on the Bluetooth of your phone.
- Open the app on your mobile phone and tap the device option.
- Tap Scanning device option.
- Tap on the name G26-xxxx on the screen to pair the bracelet.

Mobile Application:

When using the application for the first time it will ask you to log into your account. If you don't have an account one can be created. It's advisable to create an account in order to store all the data in the cloud.



Operation:

- Short press the 'Touch Key' to navigate between all functions of the watch.
- Long press the 'Touch Key' to activate a function or to navigate back to the previous screen.
- **Power on/off:** To power on the bracelet, press and hold the 'Touch Key' for 3 seconds. To power off the unit, navigate to the "Power off" option and long press the button.

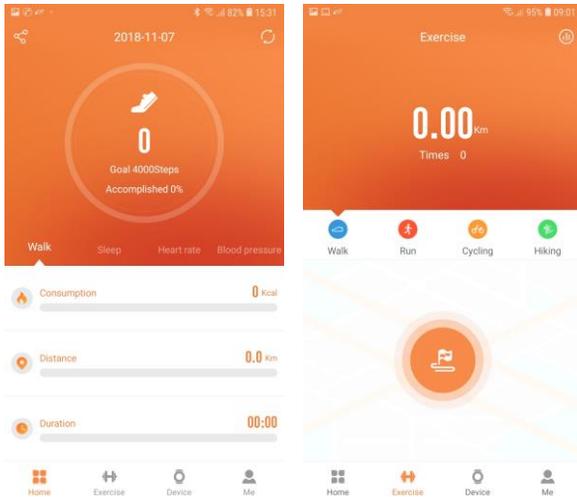
Functions:

- **Home screen:** Displays the time and a summary of the counter. The theme can be changed by pressing the button for 5 seconds.
- **Steps counter:** this displays all the steps you've taken during the day
- **Calorie counter:** The bracelet estimates how much calories you have burnt during the day.
- **Distance:** Displays the distance traveled during the day.
- **Multi Sport Mode:** Long press the button to enter this mode when the "Training" Screen is displayed.
- **Sleep Timer:** From 8pm at night the bracelet will detect the amount of sleep you are getting. This will be recorded and displayed on the screen. A detailed graph of your sleep can be seen in the app.
- **Heart Rate:** When this mode is selected the bracelet will begin to measure your heart rate. After 10 seconds the initial value is displayed with the final value updated after 30 second. It's best to remain still while the measurement is made.
- **Blood pressure:** When this mode is selected the bracelet will begin to measure your blood pressure. After 10 seconds the initial value is displayed with the final value updated after 30 second. It's best to remain still while the measurement is made.
- **Blood Oxygen:** When this mode is selected the bracelet will begin to measure your blood oxygen. After 10 seconds the initial value is displayed with the final value updated after 30 second. It's best to remain still while the measurement is made.
- **Messages:** If push notifications are enabled your messages can be read in this menu.
- **Stop Watch:** Test yourself against the clock with the stop watch. Long press to enter into this function and short press to start and stop the clock.
- **Find The Phone:** This will help you find your phone. Long press to locate your phone. Please note: This function works with Bluetooth and the phone must be within range.
- **System:** This function displays the firmware version and item number.

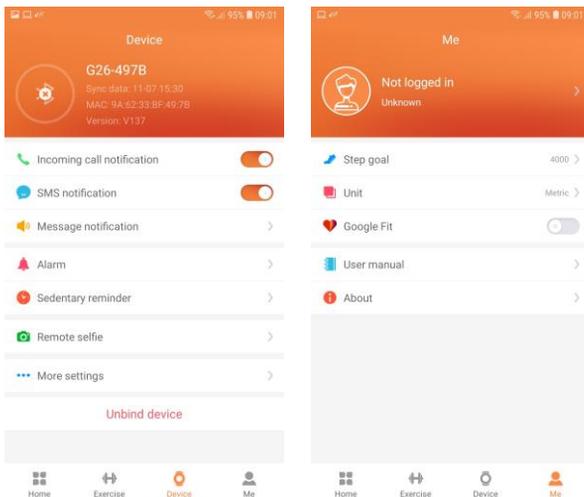


Application Functions:

Once logged in and paired the **Home** screen will display all you counters.



- **Home:** This is your landing page and displays the basic counter. Select and option to get details analysis and stats.
- **Exercise Screen:** This tab shows all you different Exercises and results.
- **Device:** Here all your device setting can be changed.
- **Me:** In this window your cloud log in details and settings can be adjusted



Device Settings:

In the device tab various settings for the functions of the bracelet can be set. Functions like The Alarm, Push Notification, Sedentary reminder.

- **Push Notification:** Once paired the push notifications can be set in the 'message notification' under the 'device tab'. Here you can choose which application will send push notifications to the Actifit Go.
- **Remote Selfie:** With this function you can take a photo using the bracelet as a trigger.
- **More settings:** These functions are related to the device itself and be used to find, rest or update the bracelet.

FAQ

Q) Why is my device not charging?

A) Make sure the charging clip is properly placed can connected to the charger.

Q) Is the device waterproof?

A) The Actifit Go is splash proof. Please do not submerge the device for extended periods of time.

Q) The application is not synchronizing with the Actifit Go.

A) Ensure your Actifit Go is fully charged and the Bluetooth on your mobile device is on.

Q) The blood pressure on the Actifit Go is not the same when compared with the one measured by my medical doctor.

A) The Actifit Go is intended to show the trend of your attributes to track your fitness profile. It is not intended to be used for medically critical measurements.

Maintenance

1. Retain these instructions for future use.
2. Clean the product with a damp cloth and mild soap.
3. Do not expose this product to rain or moisture.
4. Be careful not to turn or twist the cables used in this product too much as it can lead to malfunction and failure.
5. This product is not designed to be submerged in water and will malfunction if this occurs.
6. This product has no user serviceable items inside. Do not open this product as the user risk injury and would void the warranty.
7. Keep unit away from strong magnetic fields to avoid interference with the product.



LIMITED WARRANTY

Merlin Products are covered by a limited one-year warranty policy. If the product suffers from a manufacturing defect, the customer will receive a replacement if claimed within 15 days of the purchase date. Otherwise, the product will be inspected for possible repair options. The product will either be repaired and returned free of charge, or replaced. All repair services past the one-year warranty period will be charged for any repairs that need to be made.

If the client is located outside the UAE, or is otherwise unable to personally deliver the defective product to our service center or retail outlets, he/she may send it via post at his/her own cost. The repaired/replaced product will then be returned to the client via courier mail at Merlin's cost, as long as the warranty period is still active.

Important: This limited warranty DOES NOT COVER normal wear and tear, accidents, damage during transit, misuse, abuse or neglect. Attempting to disassemble the unit will render the warranty null and void.

REGISTER
NOW

We hope you enjoy the quality of Merlin Digital product.

Please take out a few minutes to register your product at merlin-digital.com/register to avail:

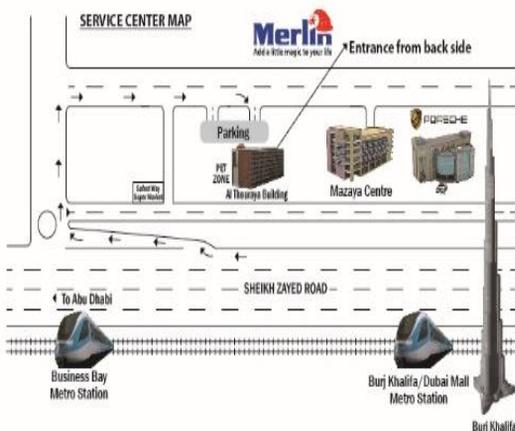
- Special discounts and promotions on other Merlin products
- Exclusive information on new products and innovations
- Reminders about product firmware downloads, updates and upgrades
- Competitions and exciting giveaways

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For enquiries and information call our toll free number 800-MERLIN (Sat-Thu, 9 am - 6 pm)

Contact our support staff for troubleshooting and any other enquiries relating to your Merlin product by sending an email at support@merlin-digital.com and your issue will be resolved within 48 hours.

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