



# ActiFit

Stay fit 24/7



Thank you for purchasing this Merlin Product. Please read the instruction manual carefully before using the product.

The documentation provided will allow you to fully enjoy all the features this unit has to offer.

Please save this manual for future reference.

## Instructions

### Charging:

Before using the ActiFit please fully charge it by removing the side of the bracelet. Gently move it from side to side and slide off the strap to reveal the USB port. Connect this USB port to any USB charger. Charging time is expected to take 2 hrs.



### Mobile Application:

The Merlin ActiFit can be used with the "Linkself" mobile application available for iOS and Android.

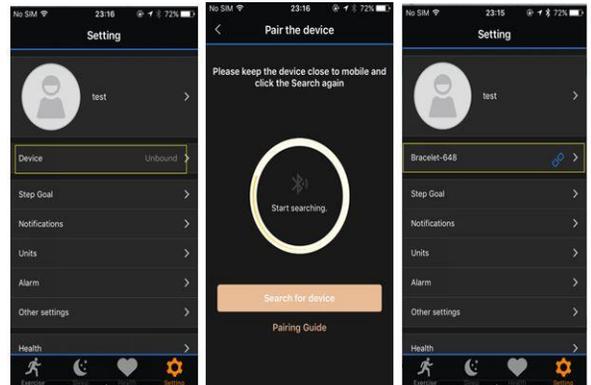
[iOS App store link](#)

[Google Play Store link](#)

### Bluetooth Pairing:

#### To pair:

- Turn on the ActiFit bracelet.
- Turn on the Bluetooth of your phone.
- Open the app on your mobile phone and tap the settings option.
- Tap search for device.
- Tap on the name and the ActiFit will pair with the phone.



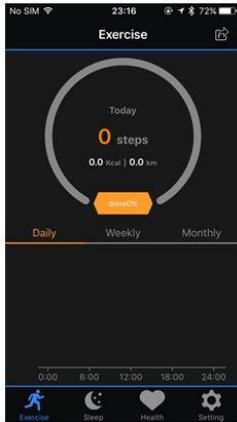
### Function:

Press the switch to change between the functions of the ActiFit.

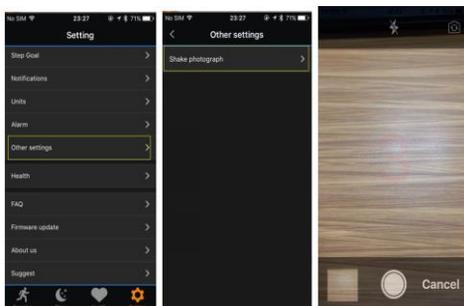
- **Steps:** This displays the total number of steps taken in a day. It can also be viewed in the app.
- **Calories:** Counts all calories that was consumed during the day. Also available from the app.
- **Distance:** Here you can see the total distance walked in one day. This is also displayed in the app after synchronization.
- **Blood Oxygen & Heart Rate:** After selecting this function the icon will start flashing and the bracelet will start measuring. It will take about a minute to measure after which a vibration will be felt and the reading will be displayed.
- **Blood Pressure:** When measuring the heart rate please do not move as it will influence the measurement. The procedure is same as for the Blood Oxygen & Heart Rate.
- **Find my Phone:** This function help you find your phone in cable you misplaced it. Select this function and press the button for 5 seconds. The phone will then ring with the default ringtone. Note: Make sure the phone is within Bluetooth range.
- **On/Off:** To turn the device off go to the on/off screen and press the button for 5 seconds. It will say "goodbye" and turn off. To turn it back on again press the button for 5 seconds.
- **Sleep Monitor:** After 8pm the bracelet will automatically enter into sleep mode when you go to bed. In the morning the it will show your sleep time. This can be viewed in the app also.

### Application interface:

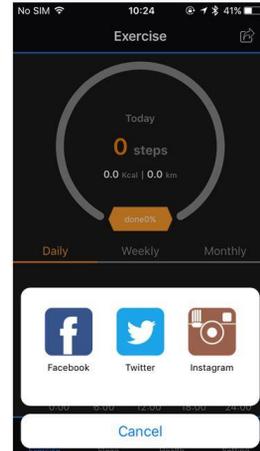
- **Personal data settings:** After installing the app please enter your personal details in the settings -> Profile. This will help estimate the user's blood pressure data and calorie consumption.
- **Synchronize data:** The bracelet will automatically sync steps, calories, walking distance, date and time to the app once it connected via Bluetooth.



- **Call & Message reminder:** Once connected to the app the Actifit can show notifications for incoming calls and messages.
- **Bluetooth Break reminder:** This function will let your phone ring when the link between the phone and bracelet is broken.
- **Sedentary Reminder:** The Actifit will remind you to stand up and move around if you are not active for 1 hour. The bracelet will vibrate to remind you.
- **Remote control camera:** The camera for the phone can remotely be accessed via the "Shake Photograph". To take a photograph shake the bracelet.



- **Social Media:** You can also share certain stats on Facebook, Twitter and Instagram. Tap the share icon on the top righthand corner of the app.



#### FAQ

##### Q) Is the Actifit waterproof?

A) This device is rated at IP67 which makes it waterproof up to a depth of 1m.

##### Q) The App isn't pairing with the watch.

A) Ensure your mobile's Bluetooth is enabled and within 5m of the watch. Also ensure that the watch isn't paired with another mobile.

##### Q) Which version of Android or iOS do I need to run the application.

A) The Actifit application runs on Android 4.4 or higher and iOS 8.0 and higher.

##### Q) Why am I not receiving notifications?

A) Ensure your mobile device has granted access for the Actifit app to send notifications and check the watch and device is within the 5m Bluetooth range.

#### Maintenance:

1. Retain these instructions for future use.
2. Clean the product with a damp cloth and mild soap.
3. Be careful not to turn or twist the cables used in this product too much as it can lead to malfunction and failure.
4. This product is not designed to be submerged in water and will malfunction if this occurs.
5. This product has no user serviceable items inside. Do not open this product as the user risk injury and would void the warranty.
6. Keep unit away from strong magnetic fields to avoid interference with the product.



## LIMITED WARRANTY

Merlin Products are covered by a limited one-year warranty policy. If the product suffers from a manufacturing defect, the customer will receive a replacement if claimed within 15 days of the purchase date. Otherwise, the product will be inspected for possible repair options. The product will either be repaired and returned free of charge, or replaced. All repair services past the one-year warranty period will be charged for any repairs that need to be made.

If the client is located outside the UAE, or is otherwise unable to personally deliver the defective product to our service center or retail outlets, he/she may send it via post at his/her own cost. The repaired/replaced product will then be returned to the client via courier mail at Merlin's cost, as long as the warranty period is still active.

Important: This limited warranty DOES NOT COVER normal wear and tear, accidents, damage during transit, misuse, abuse or neglect. Attempting to disassemble the unit will render the warranty null and void.

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- Reminders about product firmware downloads, updates and upgrades
- Competitions and exciting giveaways

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For enquiries and information call our toll free number **800-MERLIN** (Sat-Thu, 9 am - 6 pm)

Contact our support staff for troubleshooting and any other enquiries relating to your Merlin product by sending an email at [support@merlin-digital.com](mailto:support@merlin-digital.com) and your issue will be resolved within 48 hours.

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